



THE FIRST. THE BEST. THE TEAM.



Team In Training is the world's largest and the very first charity endurance event training and fundraising program.

We provide an opportunity, at any athletic level, for you to achieve your personal best, not only for yourself, but for blood cancer patients everywhere. Powered by 650,000+ athletes and over \$1.5 billion raised, our program creates lifelong memories with incredible experiences that unite Teammates in pursuit of curing cancer.

RUN. WALK.

**Walt Disney World Marathon
NYC Half Marathon
Chicago Marathon
NYC Marathon
Marine Corps Marathon**

HIKE.

Hike Columbia River Gorge

SKI.

Shred for Red

VIRTUAL CHALLENGE.

**Resilience Challenge
Bike for Breakthroughs**

TRIATHLON.

Lavaman Waikoloa Triathlon

APPLICATION EVENTS.

**Boston Marathon
Berlin Marathon
London Marathon
IRONMAN World Championship**

CYCLE.

**America's Most Beautiful
Bike Ride
Scenic Shore**

CLIMB.

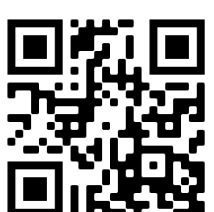
**Machu Picchu
Mt. Kilimanjaro**

DIY.

**Team @ Work
Your Team, Your Way**

BEYOND THE FINISH LINE

The Leukemia & Lymphoma Society's mission is to cure leukemia, lymphoma, Hodgkin's disease, and myeloma, and improve the quality of life of patients and their families. When you sign up for Team In Training, you become part of the team beating cancer to the finish line.



WWW.TEAMINTRAINING.ORG



**LEUKEMIA &
LYMPHOMA
SOCIETY®**

**TEAM IN
TRAINING®**